WELCOME!

This event will start shortly. In the meantime, visit us at OhioFamiliesEngage.osu.edu



How Schools and Families Can Promote Academic Success in Adopted Children

Eric M. Anderman, Ph.D.

Educational Psychology/Quantitative Research, Evaluation, and

Measurement

College of Education and Human Ecology
The Ohio State University

Why did I become interested in this topic?





Status of Adoptions

- 391,000 children in foster care system on any given day
 - 53% reunited with families/relatives
 - 25% adopted
- 2021: <u>53,000 adoptions</u>
 - 55% by foster parents
 - 34% by a relative
- Who adopts?
 - 68% married couples
 - 25% single females
 - 3% single males
 - 4% unmarried couples
- Average age of adoption: 6 years
- 93% of adoptive families rely on adoption subsidies/post-adoption services to meet children's needs
- 9% in foster care system aged out without the emotional/financial support to succeed in life

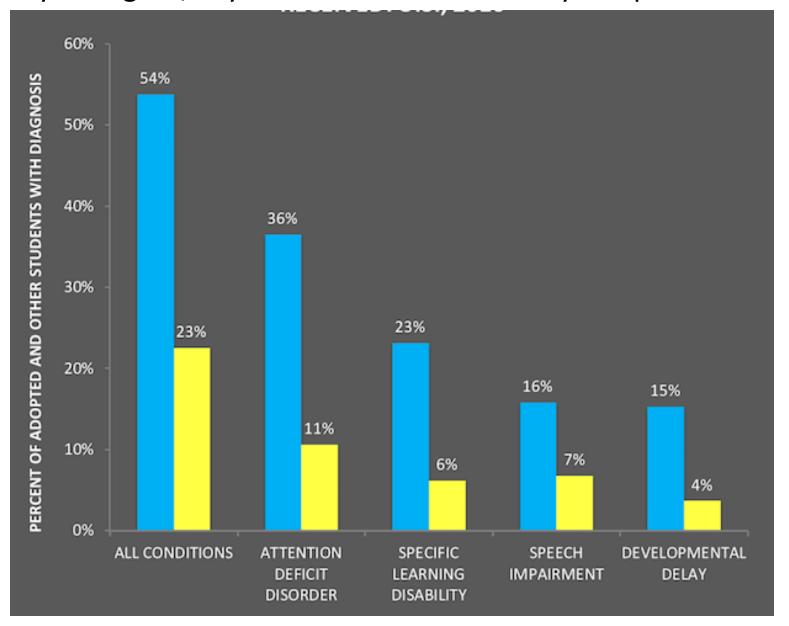
Academic Challenges for Adopted Youth (AY)

- Experience grater academic difficulties
 - But limited evidence for differences in IQ/achievement in some studies
- Twice as likely to have parents contacted by school personnel about schoolwork
- Three times as likely to have parents contacted by school about behavior
- Four times more likely to repeat a grade
- Achievement lower when adoption occurs after the age of 1
- Three times more likely to be suspended/expelled
- International adoptees (IAY) not adopted until school age – impaired intelligence, attention span, reading/language

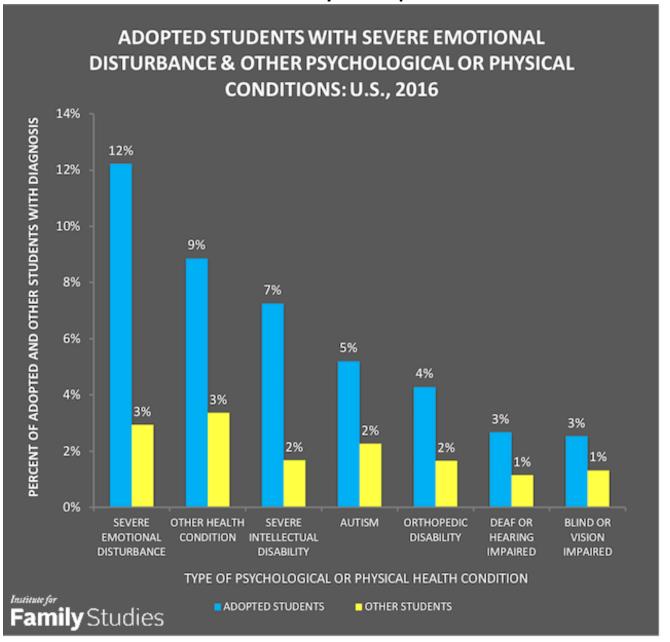
Why do AY Experience Difficulties in School?

- Trauma of Separation
- Pre-Adoption Trauma
- Prenatal exposure to drugs/alcohol
- Time of adoption
- Language exposure
- Early nutrition
- 54% of parents report health problems in AY that affect
 - Ability to learn
 - Ability to get along with other children
 - Ability to engage in physical activities

Psychological/Physical Health Conditions by Adoption Status



Severe Conditions by Adoption Status



Why do AY Experience Difficulties in School?

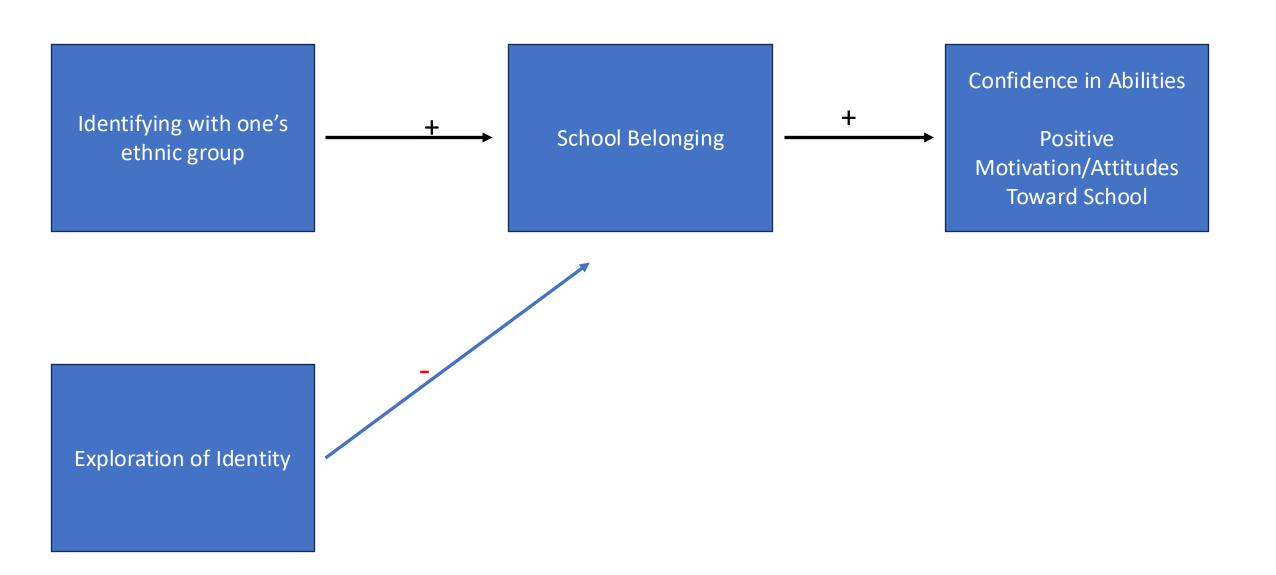
- Problems with identity development Who am I?
- Identity in Adopted Children
 - Why was I given up by my birth parents?
 - Who were my birth parents, and what is their story?
 - Do I have any biological siblings?
 - Race/Ethnicity different from adopted parents/siblings?

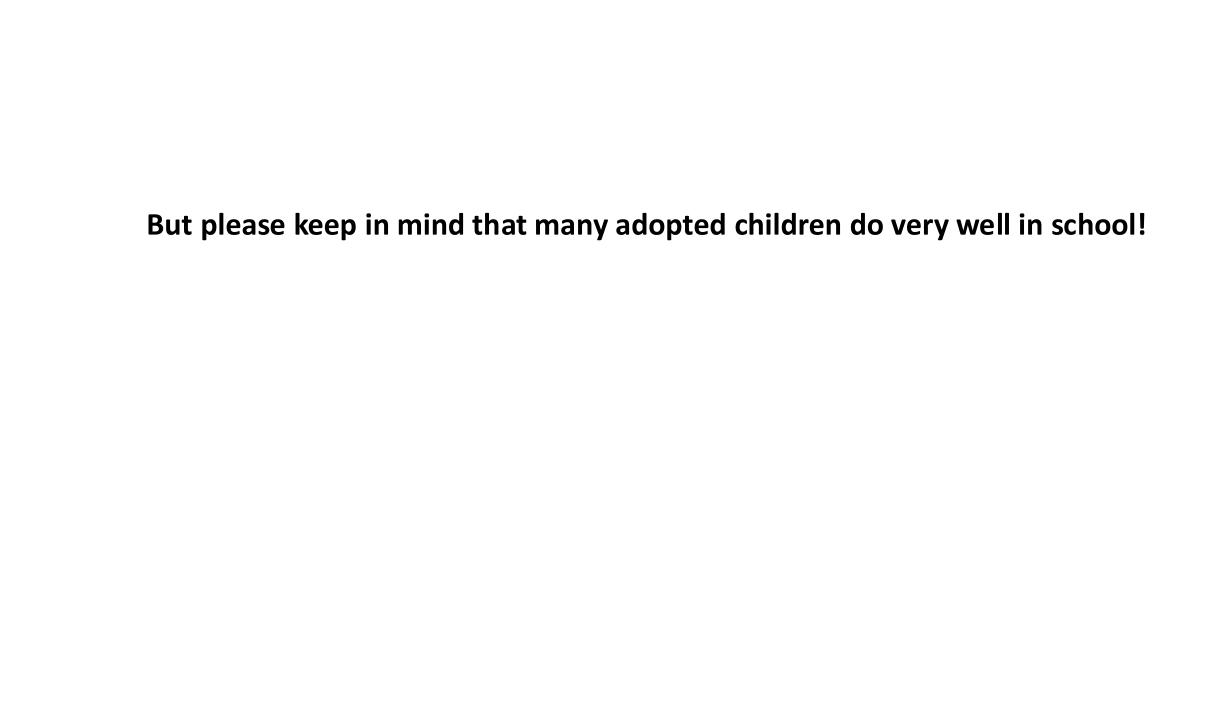
Motivation in Adopted Adolescents

- Limited research on this topic almost nothing!
- AY find math to be less interesting than non-adopted youth
- IAY like math and science less, and have lower confidence in their abilities in math, than do either domestically or non-adopted youth

Anderman et al., 2018, 2021; Koenka et al., 2020;

Motivation in IAY





How can parents and teachers support academic success in adopted youth?

- Communicate with teachers/school staff
 - Build positive relationships early and consistently
- Early Intervention
- Promote Belonging
 - School
 - Family
- Self-Regulation (Study Skills)
- Request support services/assessments
- Be aware of adopted youth's "multiple identities"
- Help youth set short-term goals

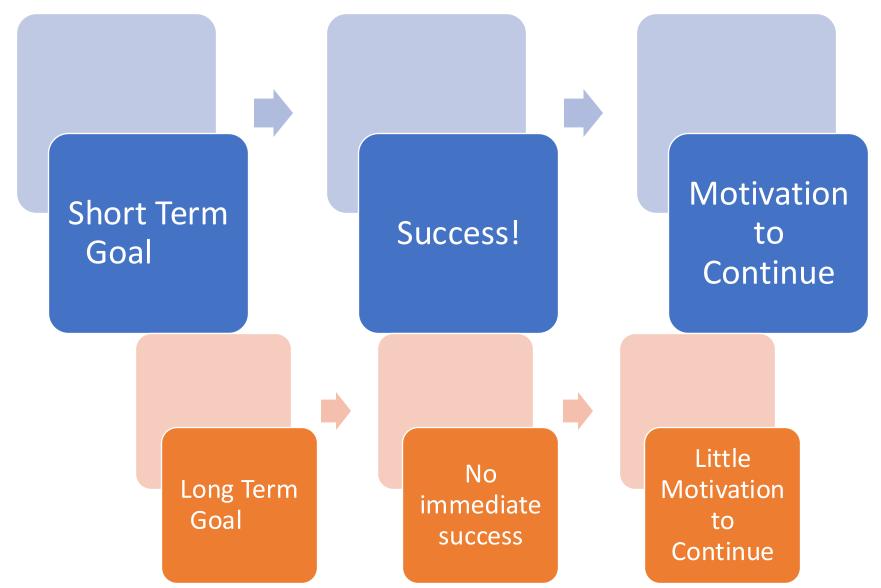


Consider the following word choices-

Use:	Instead of:
Birth or first mother, father, family	Real or natural mother, father, family
We could not have a child born to us.	We could not have <i>our</i> own child.
They were not able to take care of a <i>child</i> (or <i>any child</i>) at that time.	Your birth parents were not able to take care of you.
Intercountry adoption	Foreign adoption
Your birth family (or the judge) <i>made a plan</i> for you to be adopted.	They gave you up for adoption.

Source: https://health.uconn.edu > uploads > sites > 2016/07

Specific Strategies: Goal Setting



How can we help a child set short term goals and experience success in these situations?

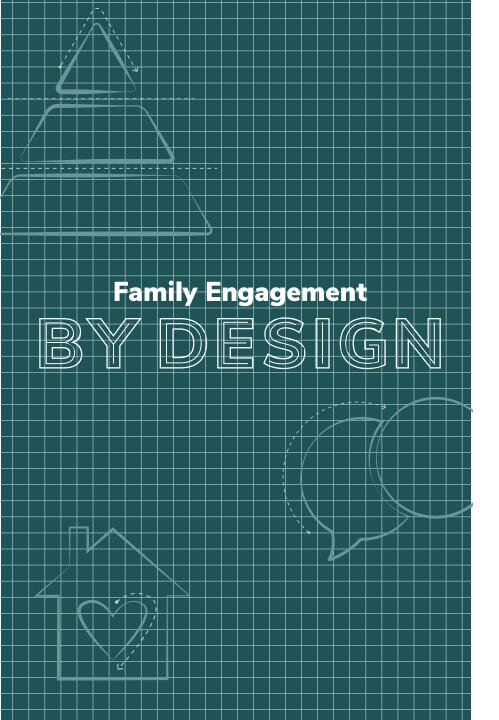
- Learning how to count to 20 and do simple math problems in Spanish
- Learning how to play a short song on the violin (beginning violinist)
- Learning how to add fractions
- Learning how to solve simple algebra problems

$$2x + 8 = 18$$

Questions?

Thank you!

Anderman.1@osu.edu



THANK YOU FOR WATCHING!

OhioFamiliesEngage.osu.edu



-at The Ohio State University-

Ohio Statewide Family Engagement Center

OhioSFEC@osu.edu

@OhioEngage