## Name of Protocol: Compass Points



**Purpose:** Use to understand group members' preferences and how they can affect group work.

Time: 30 minutes

Roles: Facilitator, participants

**Set-Up:** Set the room up with the four compass directions and descriptors:

-North: Acting-Likes to act, try things, plunge in, "Let's do it!"

-South: Caring-Likes to know that everyone's feelings have been taken into consideration and that their voices have been heard before acting.

-East: Speculating-Likes to look at the big picture and possibilities before acting.

-West: Paying attention to detail-Likes to know the who, what, when, where and why before acting

## Procedure:

- 1. Participants are invited to go to their "direction" or personal style choice, knowing that no one is only one direction, but to choose their predominant direction for this activity.
- 2. Once in the group, have participants in each group discuss the following questions:
  - What are the strengths of your style?
  - What are the limitations of your style?
  - What style do you find most difficult to work with and why?
  - What do people from other "directions" or styles need to know about you in order to work effectively?
  - What do you value about the other three styles?
- 3. When each group is finished, have each group share out their responses.

## **Ideas for Debrief:**

- Note the distribution among the directions-what might it mean moving forward?
- 2. What is the best combination for a group to have? Does it matter?
- 3. How can you avoid being aggravated by another "direction"?
- 4. How could you use this exercise with others?

## Credit:

Educators Affiliated with NSRF. (n.d.) *North, South, East, West: Compass Points.* National School Reform Faculty.

https://www.nsrfharmony.org/wp-content/uploads/2017/10/north\_south\_0.pdf