SECOND ANNUAL

Ohio Family Engagement

— LEADERSHIP SUMMIT —



CHARTING NEW TFRRITORIFS

in Family Engagement



CENTER ON EDUCATION AND TRAINING FOR EMPLOYMENT







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About me





KINSHIP CAREGIVERS CONNECT SUPPORT GROUP

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Kinship Caregivers Connect Virtual Support Group

Supported by The Ohio Grandparent Kinship Coalition

September Schedule



Sept 2: Group Check-In (caregivers only)



Sept 9: Adolescent Mental Health



Sept 16: Group Check-In (caregivers only)



Sept 23: Parenting Q&A



Sept 30: Group Check-In (caregivers only)

What comes to mind with the word "grandparent"?













"Kinship Caregiver"



- Relatives (who are not biological parents) that are the primary caregivers of a child
 - Grandparents*
 - Great grandparents
 - Aunts/ uncles
 - Cousins
 - Family friend
- Formal vs. informal care





Most common reasons for becoming a kinship caregiver

- Biological parents are not fit to care for children due to...
 - Mental illness
 - Substance abuse disorder
 - Incarceration
 - Death
 - Financial hardship

Kinship caregiving may be much more common than you think...

7,416,698

THE OHIO STATE
UNIVERSITY
COLLEGE OF MEDICINE

children nationwide live in homes where householders are grandparents or other relatives (CPS ASEC, 2017)

65%

Of kinship caregivers are grandparents (Wallace et al., 2018)

1:20

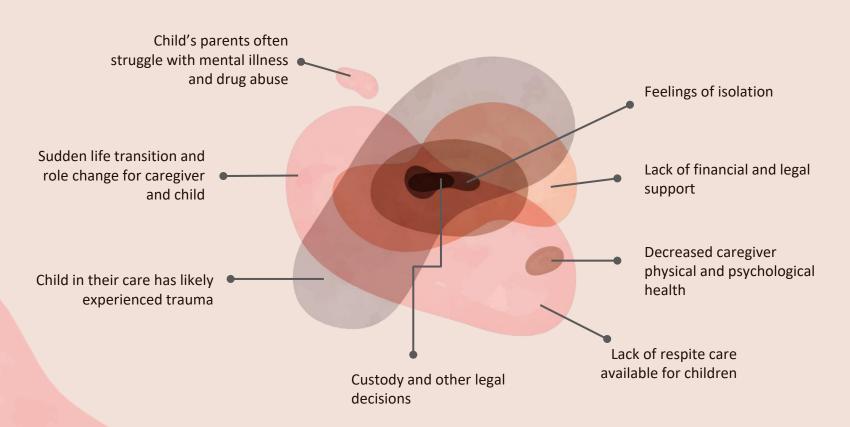
Children being raised by relatives within the foster children compared to children raised by relatives outside the foster system ("The State of Grandfamilies in America", 2017)

One Caregiver's Experience





The layers that come with kinship families



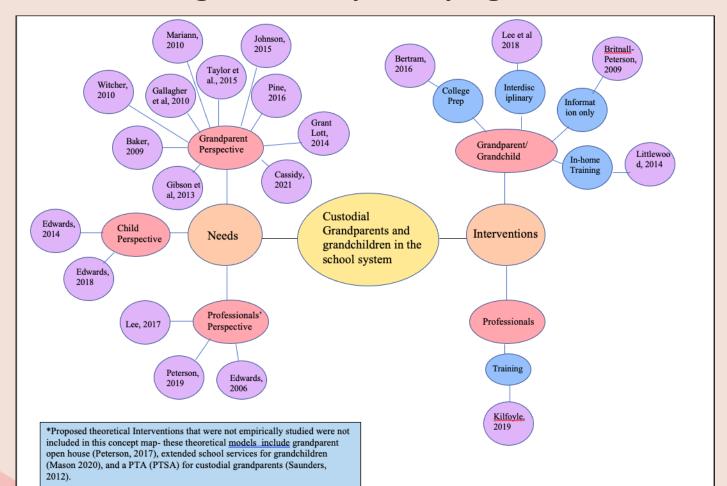


Caregivers' Lived Experience in the School System

- Need for understanding towards child's behavior
- Feelings of shame
- Not being seen as "equal" to a parent
- Need for inclusive language around caregiver/parent
- Need for support in navigating school system

What the research says...

Findings from a rapid scoping review



Overarching needs identified

Caregivers

- Concerns over children exhibiting learning problems, behavioral problems, and lowself-esteem (Baker, 2009)
- Challenges with raising a child with a disability; need for information and guidance (Gallagher et al., 2010)
- Factors influencing grandparent
 engagement in school: attitude and
 support of school personnel, grandparent
 health, and transportation (Watson, 2010)

Professionals

- Lack of adequate knowledge about grandfamilies and strategies for engaging grandparents (Lee, 2017; Peterson, 2019)
- Teacher's concerns: students' social, emotional, and academic needs and grandparents' wellbeing, involvement, and parenting style (Peterson, 2019; Edwards, 2006)
- Grandchildren report that they believe teachers view their academic performance negatively when compared to children living with birth parents (Edwards, 2018)

Pre-school children in kinship care: Are we doing enough as EPs?

Lisa Cunningham & Fraser Lauchlan

Emotional and behavioural issues (4) (21%)

Concern for their parents/distress caused by

Attachment/abandonment issues (3) (16%)

Contact with parents (3) (16%)

parental contact (3) (16%)

Relationship issues (1) (5%)

Feeling different (1) (5%)

Table 5: Respondents'	perceptions	of the	main	issues	for	children.

MAIN ISSUES (frequency of references in brackets)				
ACCORDING TO SWs AND EPs (N=19)	ACCORDING TO KINSHIP CARERS (N=20)			
Availability of support (9) (47% of respondents)	They need love, patience, care and understanding about their issues (8) (40%)			
Identity issues/confusion regarding sense of belonging/having divided loyalties to different carers (9) (47%)	Emotional and behavioural issues (7) (35%)			
Sense of loss/separation/bereavement (7) (37%)	Lack of support (4) (20%)			
Inconsistencies in care, expectations and boundaries (5) (26%)	They are forgotten about (4) (20%)			
Uncertainty about the future (4) (21%)	Financial problems (3) (15%)			

Children are damaged (2) (10%)

Poor sleeping patterns (1) (5%)

Loss/bereavement issues (1) (5%)

Relationship issues (1) (5%)

drug issues (1) (5%)

Need for stability and security (2) (10%)

Distress caused by continuing parental

Table 6: Respondents' perceptions of the main issues for kinship carers.

MAIN ISSUES (frequency of references in brackets)				
ACCORDING TO SWs AND EPs (N=19)	ACCORDING TO KINSHIP CARERS (N=20)			
Financial concerns (13) (68% of respondents)	Lack of financial support (11) (55%)			
Need for practical and emotional support and advice, including the need for respite (12) (63%)	Lack of other types of support, e.g. emotional, respite care, 'especially for pre-school children' (8) (40%)			
Problems surrounding new parental role/role conflict (5) (26%)	Being mentally stable for the children (2) (10%)			
Family dynamics/split loyalties to child and grandchild (4) (21%)	Lack of information on kinship care (2) (10%)			
Stresses of child care when older (3) (16%)	To provide stability (1) (5%)			
Working with service providers (2) (11%)	Resentment ('having to put your own life on hold') (1) (5%)			
Anxiety over practical issues (e.g. school hours, transport, their own employment hours) (2)	Concerns about age ('hoping that you will still be there for them when they grow up') (1)			

(11%)(5%)Managing contact with the parents (1) (5%) Concerns about working with service providers and not being listened to (1) (5%) Uncertainty about planning for the future

(1) (5%) Anxiety over parent's situation (their relative) (1) (5%) Information sharing (1) (5%)

Resentment about the role they have been asked

to fulfil, but feel there was no alternative (1) (5%)



Takeaways for Supporting Kinship Caregivers

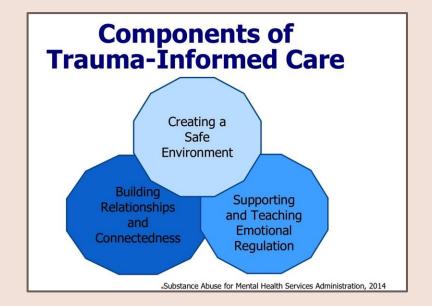
- Reach out to kinship caregivers, form a foundation of trust
- Provide validation to caregivers whenever you can
- Different needs, but equal as parents
- Become familiar with resources that could benefit caregivers
- Help them to feel as part of the classroom
- ONE person can make ALL the difference





Takeaways for Supporting Children in Kinship Care

 Implement trauma-informed care and Handle with care principles when interacting with children in kinship care*





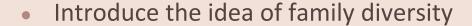
Takeaways for Supporting Children in Kinship Care

- Assess for need to refer to additional educational, mental health supports, OT services, basic needs services etc.
- Children should own their story; avoid asking them to re-explain their situation
- Create an accepting and inclusive environment



Creating an Accepting Environment

- Use family inclusive language in a classroom
 - "your adult"
 - "whoever is caring for you"
 - "family members"
 - "mom and dad or grandma and grandpa"





Recommendations for the school system

From "School Family Engagement with Grandfamilies in Mind" (Walker, Owens & Boone, 2020) - Ohio Statewide Family Engagement Center

- Design school events with grandfamilies in mind
- 2. Use family-inclusive language in school communication so grandparents know they are included
- 3. Identify your grandfamilies by reviewing school forms and documents to ensure that they are included.
- 4. Ensure your grandfamilies are represented in committees and positions.

Recommendations for the school system

- 5. Create school policies that increase grandparent caregivers' ability to participate in their grandchildren's education while caring for them, including temporary grandfamilies.
- **Social support is key**. If you cannot create one, connect grandparent caregivers to local support groups.
- 7. Increase staff knowledge of grandfamilies by offering **professional development**.
- 8. Understand your school's grandfamilies' needs by using a brief survey.
- 9. Offer workshops on topics that often impact grandfamilies.

Additional Resources



https://ohiofamiliesengage.osu.edu/grandunderstandings/

Additional Resources- Support Group

Kinship Caregivers Connect Support Group

HOME ABOUT RESOURCES → CONTACT

Caregiver Resources

EXPLORE OUR VIDEO RESOURCES FOR KINSHIP CAREGIVERS FROM OUR SUPPORT GROUP MEETINGS

LEGAL INFORMATION

FIND OUT MORE

SELF-CARE

FIND OUT MORE

CHILD WELL-BEING

FIND OUT MORE

NAVIGATING THE SCHOOL SYSTEM

FIND OUT MORE

We are all in this together



Citations

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THANK YOU FOR WATCHING!

OhioFamiliesEngage.osu.edu



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