

Be Ready With Resources!

Trauma comes in many shapes and sizes.

Find more resources at redtreehouse.org/resources and nctsn.org/resources/all-nctsn-resources

What Can Trauma Look Like at Home?



Assessing Trauma at Home

<https://www.nctsn.org/sites/default/files/resources/fact-sheet/assessment-ctbyparentscaregivers.pdf>



Understanding the Traumatized Child

<https://u.osu.edu/toolkit/sample-page/support/children/>

What Parents Can Do

Relaxation Exercises for Parents and Children (all ages)

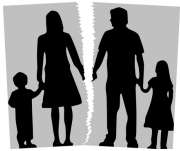
<http://www.nationalcenterdvttraumamh.org/wp-content/uploads/2012/01/Exercises-for-Grounding-Emotional-Regulation-Relaxation-Final.pdf>



8 Ways to Support Young Children Healing from Trauma

<http://promising.futureswithoutviolence.org/files/2012/08/Everyday-Gestures-Brochure.pdf>

Types of Trauma



Domestic Violence

https://www.nctsn.org/sites/default/files/resources/children_domestic_violence_affect_children.pdf



Bullying

<https://www.redtreehouse.org/guides/bullying-and-cyberbullying>



Grief and Loss

https://www.nctsn.org/sites/default/files/resources/helping_school_age_children_with_traumatic_grief_caregivers.pdf

Resources in the Community



Recommended citation: Max, R., Wellman, M., & Boone, B. (2019). *Partnering with Families of Children who have Experienced Trauma*. Information and Resource Guide. For more information, contact OhioSFEC@osu.edu.